



Course : The 360° Leader - Emotional Intelligence in Leadership Pinnacle

City :	Doha	Hotel :	The Ritz-Carlton, Doha
Start Date :	2025-10-26	End Date :	2025-10-30
Duration :	1 Week	Price :	3950 \$



Course Overview

This comprehensive training course is designed to empower leaders and managers with the knowledge, tools, and strategies to enhance their leadership through emotional intelligence. In today's dynamic work environment, leaders must not only achieve goals but also navigate interpersonal relationships, manage crises, and inspire their teams.

The course focuses on developing self-awareness, applying 360° feedback, and mastering emotionally intelligent leadership. Participants will gain insights into their leadership strengths and areas for growth while learning to manage emotions, build strong workplace relationships, and balance professional and personal pressures. By applying the emotional intelligence strategies covered in this program, leaders can unlock their potential and drive meaningful results within their teams and organizations.

Course Objectives

By the end of the training, participants will be able to:

- Enhance self-awareness to improve personal and professional leadership effectiveness.
- Utilize 360° feedback to identify strengths and development areas.
- Apply emotional intelligence principles to manage teams and lead effectively.
- Build strong and collaborative workplace relationships.
- Demonstrate emotionally intelligent leadership in handling change and crises.
- Balance professional responsibilities with personal and family commitments.

Target Audience

This course is ideal for:

- Professionals managing teams or supervising others.
- Individuals preparing for leadership roles and responsibilities.
- Leaders seeking to refine and enhance their leadership effectiveness.
- Executives and managers responsible for guiding teams through change.
- Anyone who interacts with colleagues, clients, or stakeholders and wants to develop emotional intelligence in leadership.

Methodology

The course employs a variety of interactive and experiential learning methods to ensure participants can apply concepts directly in the workplace:

Interactive Lectures: Expert-led sessions combining theory with practical examples.

Group Discussions: Collaborative sessions to share experiences and best practices.

Hands-On Exercises: Simulated scenarios for practicing emotional intelligence skills in real-life contexts.

Case Studies: Analysis of workplace challenges to apply emotional intelligence solutions.

Personal Action Planning: Development of a tailored action plan to implement learning in participants' own work environments.

Course Outline

Day 1: Understanding Emotional Excellence

- What is IQ, EQ and Emotional Excellence
- Developing self-awareness through personality assessment
- What should you do less?
- What should you do more?
- Applying 360 feedback to develop our emotional intelligence
- Developing an emotionally excellent team

Day 2: Emotional Intelligence for Relationship Building

- Your areas of growth as perceived by others
- Your leadership strengths as perceived by others
- Receiving 360 feedback from the supervisor
- How others perceive you when handling change in the workplace
- Developing emotionally healthy working relationships
- Fostering synergy in the team

Day 3: Leading With Emotional Intelligence During Crisis

- Assertiveness to express feelings
- Receiving 360 feedback from subordinates
- Confronting problem employees



- Leading others during sudden changes
- Balancing work and family while under pressure
- Applying choice theory to enhance eustress

Day 4: Leading Change with Emotional Intelligence **Improving interpersonal communication**

- Receiving 360 feedback from peers
- Managing stress in times of change
- Removing blocks to creativity in times of change
- Supporting team members in times of change
- Transforming blocks to opportunities

Day 5: People Building for an Emotionally Intelligent Workplace

- What is empowerment
- Empowering employees to achieve shared vision
- Characteristics of an empowered leader
- Motivating employees for success
- Leadership excellence for achieving breakthroughs
- Developing a personal action plan

Certificates

On successful completion of this training course, HighPoint Certificate will be awarded to the delegates. Continuing Professional Education credits (CPE): In accordance with the standards of the National Registry of CPE Sponsors, one CPE credit is granted per 50 minutes of attendance.